



**KAMALA NEHRU COLLEGE
(UNIVERSITY OF DELHI)**

The Quest

Seventh Edition

**The Annual Newsletter
of
B.A Programme Association**

Cover Page designed by Khushi

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LETTER FROM THE PRESIDENT

Dear Readers,

It gives me immense pride to present yet another edition of The Quest, the official newsletter of our department. The BA Programme has always stood out for its multidisciplinary nature, bringing together diverse subjects, perspectives, and ideas under one umbrella.

I hope this newsletter reflects the essence of our department: the unity in diversity, the strength of our community, and the spirit of collaboration that makes us who we are. Carrying forward this spirit of diversity and collaboration, this year we hosted the first-ever Academic Day of the department, BAithak, a space for dialogue, ideas, and community building. It was a milestone made possible by the efforts of our team and the constant support of our teachers. The seeds planted by our seniors have now turned into a small sapling under our care. We hope that the teams to come will continue to nurture it into a strong, firmly rooted tree— one that stands tall as a symbol of pride for the BA Programme.

As I write this, I feel the truth of it. Yes, the whole is greater than the sum of its parts, but take one part away, and the picture feels incomplete! BA Programme is that essential part of our college. To each one of you reading this: you were always enough, and you will always be! I hope you are proud of your identity as a BA Programme student because you are an integral part of what makes KNC shine!

With utmost gratitude,
Nandini Dadhich,
President.

LETTER FROM THE EDITOR-IN-CHIEF

Dear memory makers, storytellers and secret keepers,

This year we decided to turn the seventh edition of 'The Quest' into something a little personal- like a collection of moments, emotions, collaboration and most importantly chaos that truly captures the spirit of our department. I would like to extend my deepest gratitude to my co-editors and team members- Payal, Riddhima, Aarya and Yashasvi and to every contributor.

In this newsletter, each page is a tribute to not just events or achievements but to our friendships, classroom chatter, our late-night calls panicking about submissions, iced tea and momo breaks, passionate debates and every small moment that made this year unforgettable.

And so with this edition I implore you, that as you go through this little newsletter, you look back at your year's in this beautiful college and reminisce all the moments that have made this journey special.

So here's to everything we've laughed about, stressed over and cherished together. I hope as you read this, it leaves you with a smile and a friend to give a call to.

With all my heart,
Vanchha Arora
Editor-in-Chief
The Quest

REMEMBERING SHEHTOOT

We weren't supposed to have time for this. Not anymore.

In our first year, we were always in college or always outside -but always together. Back then, time stretched, ever eternal, filling itself with laughter, pointless debates, chai breaks, and ridiculous adventures. But now, in our final year, the days feel shorter, sharper, more precious. Nobody is regular anymore. We have classes, internships, exams-real life creeping in like a street cat, stealing the snacks right from our hands.

I fear graduation. Not because of the unknown, but because of what I know all too well-the feeling of cherished hands slipping away from my tight (desperate) hold. I don't want to be left grasping at fingertips, at the memories of people who were once my anchors but are now just echoes in my mind. What will I do without them? Without this?

Before we thought, kareng kareng to this and that, we had ample time. Then we said , kareng kareng agle sem kareng. Now we say kareng kareng mauka mila toh kareng. Tasks unfilled. Time competing with eels. Fun thought of but never done.

That Monday, for once, we all made time. The quietest one talked the most. The one who only ever wore black or cream showed up in pink. And the one who always lived inside her own head was finally, for once, fully here.

We were walking home when the sweetest of us stopped us in our tracks, telling us her plan. She pointed at an unassuming tree by the roadside, its branches heavy with dark berries, ripe and inviting. (We used to eat them as kids, staining our fingers and lips, careful to hold on as we climbed, grips tight so that we wouldn't slip.) The traffic blurred past us in waves of noise, a garden lay on the other side, but in that moment, we were nowhere else.

We ran to it, hands reaching, voices curving in delight as we plucked the fruit straight from the branches. The juice bled onto our fingertips, staining them deep pinks and blues. Our lips darkened, our faces brightening. We subtly competed to get the best berries, and gave them away to each other the next moment. For once, we weren't thinking about deadlines, applications, or the weight of time. We were just three girls in the fading sun, living out a shameless youth.

"We should capture a memory of this," the elegant one said, wiping her fingers on the other's sleeve. "You should write a poem about it."

I hesitated. How could I? How could I ever capture this? Describe this feeling? Would the words last longer than the fruit? Could anything last as long as I needed it to?

I looked at them-my two anchors, my divine stabilizers, my friends, my goddesses. In that moment, the weight of love and fleeting time pressed against my ribs.

Too much love, too much joy, too many choices. I thought about the chains of youth, the pull of duty, the weight of uncertainty. But somehow, this moment became both bitter and sweet, joy and sorrow. Both an ending and a beginning.

The shehtoot tree stood tall and unbothered, if a bit funny looking. It must have stood there long before us, the way it would stand long after. I wondered-does the fruit know, as it ripens, that it will be captured, eaten, savored, and forgotten? It doesn't need to.

It doesn't matter. It is loved. We love it because it brings us joy. We cherish it because it is fleeting. Maybe right now is the best time after all.

Maybe it exists for the moment it is loved, greeting each new day like this, each group of friends with its fruit.

And maybe, just maybe, that moment is enough.

-Ambicka Mamgain

ASPSM + Economics (Sem - VI)

SHE

Gratitude is not just a simple note,
An essence of attachment and gratefulness it promotes.
In times of despair, she was my antidote,
Calming mind chaos with her musical coat.

We met on an untraveled road of fate,
Where acquaintance wasn't a cure, but a hopeful state.
A lost kid walked through an unfamiliar door,
Searching for solace, and a love that's more.

Hollow is now filled; half is now full,
Thanks to her presence, my heart is made whole.
Gratitude is not just a simple note,
In times of despair, she was my antidote.

-Prakarti Jain

Geography + Political Science (Sem- VI)

WANT A LOVE LIKE THIS

Whether it's angry love confessions in the pouring rain
or poems written with words laced with pain
whether it's closing eyes and seeing their face
or its them in that dress, leaving nothing to say
whether it's looking back at the same time
or bumping into them in that grocery line

Whether its getting stuck with each other's company
or its voluntarily taking the couch even though its less comfy
whether it is joining forces for some mindful scheming
or running through the airport to stop them from leaving
whether it's shivering to the bones from that single touch
or stealing glances in that miserable lunch
whether it's falling for someone you thought you loathed
or it's that childhood friend that you have forever known
whether it's camcorder clips of them running through the fields
or it's those handwritten letters with addresses left sealed
I spend my time romanticizing the kind of love I see.

-Riddhima Singh
Economics + ASPSM (Sem - IV)

UNLOVED

For once, I'd love to write of falling deep,
To call my friends and say, "This one, I'll keep."
But instead, I'm stuck auditioning for a part,
Giving all, yet left wondering why I never capture their heart.

I settle for the understudy role, always in wait,
For them to decide who's meant to take the stage.
Perhaps if I'd learned my lines with more care,
Or tempered my emotions, shown less, and been more aware.
Maybe if I'd let go of expectations, scattered them to the wind,
Or tolerated the flaws that make them human, not divine.
Should I reshape my heart to fit their mold?
Or sell myself in pieces, just to be loved, to be made whole?

-Diti Mansighani

Economics + ASPSM (Sem- IV)

THE VOICE OF KIBO

A touch, a scan, a world revealed,
Through whispered words, the dark is healed.

No sight is needed, yet I see,
For Kibo speaks the world to me.

A book, a note, a printed page,
No longer locked within its cage.
With careful scan and patient voice,
It reads aloud—I hear, I choice.

Keys and braille, a guiding hand,
A bridge to help me understand.
With every word it brings to light,
Kibo turns my dark to bright.

-Archana

HRM + Physical Education (Sem - II)

HER JOURNAL

You ask what it is like to be her journal,
tossed every night on the bedside table.

Each time she picks me up,
I'm filled with sheer anticipation
which version of her will I get tonight?
The psychotic or the melancholic one?
Will she tear my pages in frustration?
like she did the other day,
tear rolling down her eyes, continuously
they soaked through my pages,
look at the mess she's made me.
Oh, but look at the mess she's herself,
it's 2 am, and she picked me up again
with her favourite pen in hand
golden body, with a pink fur ball at the end.
Could it mean it she was elated?
or was it the pen closest in distance?
She began jabbing the blue nib into me,
oh no, she's questioning her existence.
It is one of 'those' days, I better be ready
I try to comprehend the words she writes
but what good will that be?
I can't tell her it will be all okay
or that she's enough the way she is.
So, I'll let her scribble all over me
if it will bring her heart some peace.
So, I'll let her word vomit on me
if it puts her crinkled brows at ease.
What more can I do? I'm just a journal,
on her bedside table, always at her disposal

-Riddhima Singh

Economics + ASPSM (Sem - IV)

ALREADY ENDING?

It's 25th January 2025, and I am writing this as I sit down with my college friend Arushi at her place on a swing while the sunlight hits our face and we both think to ourselves the same thought "oops sunscreen nahi lagayi". The similarity of thoughts such as this is what makes us friends or maybe what made us click back in 2022 in November when most of us third year students were roaming around like lost ducks in college longing for someone to show us the path. For me though it was a little different, because my best friend whom I have known since the third standard also got the same college but soon she decided to change colleges and that is when I realized that I didn't try to make new friends. But thankfully because a lot of out-stationed students were still coming to college, I ended up meeting some of the greatest people I have met in my life. Somedays I feel like I am adopted by a bunch of Rajasthani girls who have made me realise the importance of dal bati churma and water (pun intended), some days it's me bringing "ghar ka khana" for them which they inhale in one go. All in all these bunch of crazy rajasthanis along with other girls make me look forward to going to college everyday. It was never about maintaining attendance or attending lectures (I do though), it was actually watching these faces that light up my day and shower me with hugs and kisses.

Though for me college was not just the AMAZING people I have met but also the professors or just "a professor" I came across. My philosophy professor whose first batch was us had and still continues to have a great impact on my college life. Starting from going to college just to attend her lectures in first year and now sitting hours with her going from discussing, "do I exist or am i just dreaming?" to "I am reading *Days at the Morisaki Bookshop* nowadays". I will always be grateful to this college for giving me such an amazing professor who, with her constant encouragement and constructive criticism, helped me become a better student of philosophy.

But keeping everything aside, life has its own way of making you feel special. The Aadya who was scared of going to school in third standard, whose mother was scared that she would not make any friends, who did not talk to anyone except her family, who used to eat her lunch alone ended up being the biggest yapper ever in a life full of yappers around her who make her feel so special that she wishes and hopes this sixth semester never ends.

-Aadya Gupta

Philosophy + Sociology (Sem - VI)

REBRANDING OR RE-BLANDING?

Is minimalistic branding just another ploy to distract the consumer from the oversaturated market or does it truly reinforce the idea of minimal consumption? While minimalism's roots lie in the late 1950s, we have watched it gain traction again in 2016.

Influencers promoted a "minimalist lifestyle," emphasizing monochromatic colors, fewer prints and patterns, more shapes, and simplicity and substantially focusing on reducing consumption, 'less is more'. The general public, caught up in the web of overconsumption, felt drawn toward this idea, the essentials are enough. We saw the notion of minimalism adapt itself in first art, geometric forms, then fashion, by wardrobe capsules. Now, It prompts the question: how did the philosophy of minimalism influence marketing? Minimalism in marketing is associated with few visual elements, utilizing white space and simple texts. The intention is to promote quality over quantity and create this illusion of simplicity and modernity. Minimalism is often coupled with modernity, the embodiment of the future. Instead of succumbing to ever-changing trends, it conveys timelessness.

According to a survey done by Siegel + Gale, "World's simplest brand 2018-19" highlights that 78% of consumers prefer brands that offer a simple, straightforward experience. What makes minimalism branding this effective?

A person is exposed to an average of 10000 advertisements per day, whether it be on social media or billboards etc., putting the marketer in a predicament as to how to capture the attention of an already overstimulated consumer, this is where minimalism takes its place, serving the simple design onto a platter requiring less brain powers by the consumer on not having to decipher what the brand is trying to say, managing to seep into the brains of the ones watching. Consumers can correlate and retain the information better as they don't have to waste any time deciphering what the brand is trying to convey.

Let's look at the quiet luxury brand "The Row." They feature minimalism throughout the entire user experience, whether it be the logo, the website, or the actual clothes. Minimalism is a part of the appeal they want to offer. They want to focus on exceptional fabrics, impeccable details, and precise tailoring to create timeless collections, steering away from fast fashion trends.

Is minimalism branding's allure only restricted to high-end, luxury brands? Of course not. Brands like Pringles and Burger King have also simplified their logos and packaging, stripping down unnecessary extras and keeping only the important aspects.

Minimalism isn't about absence; it's about intentionality. It brings consistency to the brand and helps create cohesion within the brand and the products offered which improves the overall user experience. Simpler designs are more easily integrated across different platforms.

In the daily chaos of the average human being, can advertising bring them the peace and calm they so direly need? Minimalism aims to do exactly that, by providing consumers with a comprehensible design, they tend to create a positive psychological impression of the brand. It can also foster a sense of trust and transparency in the minds of the consumer.

Minimalism doesn't mean boring; it can be distinct yet simple. When a person looks at a logo, they first notice its shape. For example, the Nike swoosh is easily recognizable to anyone, even though it doesn't have a unique color or prominent text.

Next, they notice the color. The McDonald's logo possesses a very strong color combination of bright red and yellow, making it easily perceivable.

Then comes the text, it should be simple and understandable when yahoo first came out, it had a confusing font which made it hard for people to read, therefore, when they rebranded, the logo was much more simple and comprehensible in their signature purple color, retaining some of its originality.

But if minimalism were all sunshine and rainbows, why weren't all brands rebranding? Does it truly align with each brand's identity? Recently, Jaguar chose to rebrand into something more "unique and futuristic." The logo was changed to a circular design featuring the letter J, instead of the infamous leaping jaguar, and shifted to an all-electric premium brand with modern and futuristic car designs. This rebrand was not well received by the general audience; they felt it tarnished the brand's legacy. Jaguar's core clientele consists of an older generation who seek the classic designs that Jaguar offers. With this rebranding, Jaguar risks losing a significant portion of its loyal customer base by targeting the "younger and wealthier." Is acquiring a new target group at the expense of an existing one a wise move?

Minimalism isn't just about simplicity; it has its own complexities. It's easy to lose originality and struggle to stand out when even your competitors have adopted the minimalism trend. We can see this occurring in major fashion houses like Burberry, Balmain, and others. To the naked eye, they all can seem very much the same. In order to make up for this, brands tend to take the support of shapes and colors. When Burberry decided to switch to an all-caps sans serif logo, the rebrand was accompanied by a bold monogram with colors like red and beige. Brands need to realize that rebranding to minimalism doesn't mean completely moving away from the existing brand identity, as this could easily alienate the existing loyal customer base, and make the brand unrecognizable to them. It's essential for the brands to maintain the balance between both ends of the spectrum.

Maybe less is more, maybe more is more or maybe less is simply less. Ultimately, it all depends upon what the brands want to convey, what perception do they want consumers to have and whether they are successful at it. Trends of the market are everchanging, the fundamental question is, can the brands keep up.

-Riddhima Singh
Economics + ASPSM (Sem - IV)



GLIMPSES

(ORIENTATION SESSION)



ORIENTATION

SEM V, III & I

The BA Programme Association organized a comprehensive orientation session for the third and fifth semester students on 14th August, 2024, offering crucial guidance and information related to the selection of Generic Electives (GEs) and Discipline-Specific Electives (DSEs). It aimed to help students make informed decisions about their academic paths, providing them with clarity regarding their elective options and the academic requirements the remainder of their course. The orientation started with a detailed presentation by teacher representatives, who explained the procedures and regulations for selecting these electives. The faculty members outlined the significance of both GE and DSE courses, ensuring students the relevance of their subject choices in shaping their academic profiles. Furthermore, the teachers provided an extensive list of the papers offered allowing students to evaluate their options and choose courses that aligned with their interests and career aspirations. A key highlight of the orientation was the interactive session that followed. Students were given the opportunity to engage directly with the teachers, ask questions, and clarify any doubts they had about the elective courses. This open dialogue provided the students with the opportunity to make thoughtful decisions about their academic journey. Additionally, the orientation delved into the credit distribution system and how it impacts the students' academic progression. This information was especially pertinent for students planning to continue into the fourth year of their degree program, as it provided them with a clear roadmap of how to accumulate the necessary credits for graduation. In conclusion, the Orientation Program not only helped students understand the academic structure and elective options but also encouraged a proactive approach to their decisions through discussions with faculty members. This orientation was pivotal in supporting students' academic success and aiding them in making choices that will benefit them in the long term.

An Orientation was conducted on 30th August, 2024 for first-year students. The primary objective of this program was to familiarize students with the academic aspects of the curriculum, provide insights into the new education policy, and elucidate the college rules. The orientation began with teacher representatives from each department sharing information about the courses offered. They shed light on the subjects available under SECs (Skill Enhancement Course) and VACs (Value Added Course). This session served as a comprehensive introduction, giving students a clear understanding of the academic landscape they were about to enter into. One of the key highlights of the orientation was the opportunity for students to interact with teachers and seek clarification on various aspects, including the credit framework, specific subjects, and the timetable. The teachers, with patience and expertise, addressed the doubts and concerns of the students, creating an atmosphere of openness and support. As the program drew to a close, the faculty and the student team collectively congratulated the students on the commencement of their new journey. They motivated the students to approach the new academic year with a fresh mindset and a vision for the future. The positive and encouraging words from the teachers added a sense of enthusiasm among the students. In conclusion, the orientation program was conducted happily and successfully, providing new students with essential information and instilling in them a sense of confidence and readiness for the academic challenges ahead.

SUSTAINABLE LIFESTYLE CHANGES FOR LONG-TERM HEALTH AND WELL-BEING

The Department of Physical Education in collaboration with the B.A. Programme Association organised a session on "Sustainable Lifestyle Changes For Long-Term Health and Well-Being" on 24th September 2024. The esteemed speaker, Dr. Neetu Singh, Director and HOD, Atlanta Hospital, provided the attendees with practical strategies for integrating sustainable habits into their daily routines, with an emphasis on promoting long-term physical, mental, and emotional health.

The key objectives of the session were to raise awareness about the importance of sustainability and to educate participants on the link between lifestyle habits and long-term well-being. The speaker also shed light on topics like maintaining motivation and consistency so that the impact of these changes are long lasting and beneficial to the individuals.

Dr. Singh patiently provided personalized responses and an advice to address individual concerns.

The session concluded with the message from our teacher convenor who stressed on the importance of a healthy and balanced lifestyle. The event equipped individuals with the knowledge and tools they need to make healthier choices, foster positive behaviour changes, and sustain a balanced lifestyle for the long haul.



Dr. Pragati Gautam Convener BA Programme, and Dr. Shweta Suri presenting the planter to the guest Dr. Neetu Singh

WEBINAR: RESUME BUILDING

The B.A. Programme Association conducted a Resume Building Webinar on 8th March, 2025 with an aim to equip students with the required knowledge for preparing resumes and navigating the job market in India. The speaker for this session was Mr. Vinod Aravindakshan, Adjunct Professor at IIT Palakkad and the Founder of CareerBolt, a career development platform. Mr. Aravindakshan provided crucial insights into understanding job descriptions, connecting with recruiters, and improving the odds of securing a job. With an increasing number of applicants and a competitive hiring landscape, the speaker highlighted key strategies for standing out in the recruitment process. The session was structured into four main areas. Attendees gained a clear understanding of what recruiters look for and how they can tailor their resumes to align with industry expectations. In regards with the resume, highlighting skills and achievements with quantifiable results, and keeping them short, concise, and error-free is of essence.

The webinar provided a comprehensive guide to prepare for campus placements, emphasising the importance of research, skill alignment, networking, and resume optimisation. The speaker's insights helped students gain a better understanding of recruitment strategies and how to enhance their employability in a competitive job market. Towards the end, Mr. Aravindakshan generously shared a free resource: an NPTEL course—beneficial for all students, regardless of their courses, to enhance their skills and employability.

The session was highly successful, and students shared positive feedback, appreciating the practical tips and actionable strategies provided.



Mr. Vinod Aravindakshan, Professor IIT Palakkad, conducting the Webinar session

GLIMPSSES

PRESENTS

'BAithak'

BA PROGRAMME ASSOCIATION
ANNUAL ACADEMIC DAY

SCHEDULE OF THE DAY

EVENT	TIME	LOCATION
Speaker Session	9.30 AM onwards	Auditorium
Cine Vimarsh	12.30 PM	Old Seminar Room
MIC vali MEHFIL	12.30 PM	Auditorium
Movie Screening	2 PM	Auditorium

BA PROGRAMME ASSOCIATION PRESENTS

'BAithak'

BA PROGRAMME ASSOCIATION
ANNUAL ACADEMIC DAY

SPEAKER SESSION



Prof. Sanjeev Kumar
(Dept. of Political Science,
Zakir Hussain College)

Topic
Future Of Higher Education: Trends,
Challenges, and Opportunities

9:30 AM onwards



Dr. Sanjeev Rai
(Registrar, DTU)

Topic
Learning from Failures

11.00 AM onwards

15 th APRIL AUDITORIUM

KAMALA NEHRU COLLEGE
UNIVERSITY OF DELHI



B.A Programme Association

Invites you to

Orientation 2024

We cordially invite all the faculty and students of the department to welcome, interact and guide the freshers.

FOR ANY QUERIES

Dr Pragati Gautam: 813033506
Vartika Silvastava: 8979303333
Nandini Bhattacharya: 8444303685

VENUE: NSR
TIME: 10:30 AM onwards

BA PROGRAMME ASSOCIATION
KAMALA NEHRU COLLEGE

Webinar on

RESUME BUILDING



MR. VINOD ARAVINDAKSH
ADJUNCT PROFESSOR AT IIT PALAKKAD
FOUNDER OF CAREERBOLT, A CAREER DEVELOPMENT PL

8TH MARCH SATURDAY
7 PM
ONLINE

Handini Daddich President
Prof. (Dr.) Pooitra Bhardwaj Principal
Dr. Pragati Gautam Teacher Convenor

KAMALA NEHRU COLLEGE
(UNIVERSITY OF DELHI)

DEPARTMENT OF PHYSICAL EDUCATION
in collaboration with
B.A (PROG.) ASSOCIATION

organises
A LECTURE ON



"Sustainable Lifestyle Changes For Long-Term Health and Wellbeing"

24-09-2024 1:00 - 2:00 PM
Venue: NSR

Dr. Neetu Singh
Director and HOD
Allanta Hospital

Dr. Shweta Suri (TIC) Dept. of Phy. Edu.
Dr. Vinita Rani (Asst. Prof.) Dept. of Phy. Edu.
Prof. Pragati Gantam (CONVENOR) B.A. (Prog.)
Prof. Pavitra Bhardwaj (Principal)

NOTE: Event is for all B.A. (Prog.) NSO, Fit India, and Physical Education Students.

ANNUAL ACADEMIC DAY

BAITHAK 1.0

BAithak, the inaugural annual academic day of the B.A. Programme Association was held on 15th April. The event

was a vibrant celebration of academic creativity, cultural expression, and community spirit, designed to reflect the interdisciplinary ethos of the programme. The academic day brought together students and faculty for a day of dialogue, performance, and intellectual engagement.

The guest Prof. Sanjeev Kumar, Department of Political Science, Zakir Hussain College, University of Delhi shared his expertise on “The Future of Higher Education: Trends, Challenges, and Opportunities”. Prof. Kumar, focused on the New Education Policy and its implementation. He discussed how the education system was slowly shifting towards skill based education in order to prepare students for the future. The students gained essential insights on the benefits of NEP, and understood that it was a valuable asset in their future if its provisions were used correctly. He ended the session by addressing the audience with the gender imbalance in the higher education.

Our second guest speaker Dr. Sanjeev Rai, Registrar DTU, enlightened the audience with his insights on “Learning from Failures.” Dr. Rai, informed the students about the technological advancement in education and its increasing intervention in our everyday lives. He stressed vulnerability of the youth nowadays and how parental expectations and pressures with regarding their career choices often leads to dissatisfied individuals. He shared his personal experience and inspired the students to face the challenges and to learn lessons from unsuccessful attempts too. He concluded the session with a short story on learning from failures.

The speakers were presented a token of appreciation by our Principal Prof. (Dr.) Pavitra Bhardwaj and Dr. Pragati Gautam, Convenor, BA Programme.

The most exciting segment of the day were the inter-college competitions which were organised in light of the academic day.

Mic wali Mehfil- The open mic segment named ‘Mic wali Mehfil’ was organised to create a space for conversations, and stories where the students were welcomed to share their thoughts and opinions. The judges for this competition were Dr. Monami Sinha and Dr. Trishala who patiently viewed all the performances and judged the participants. The performances ranged from students performing dances and songs to original poetry. The students active participation made this event memorable.

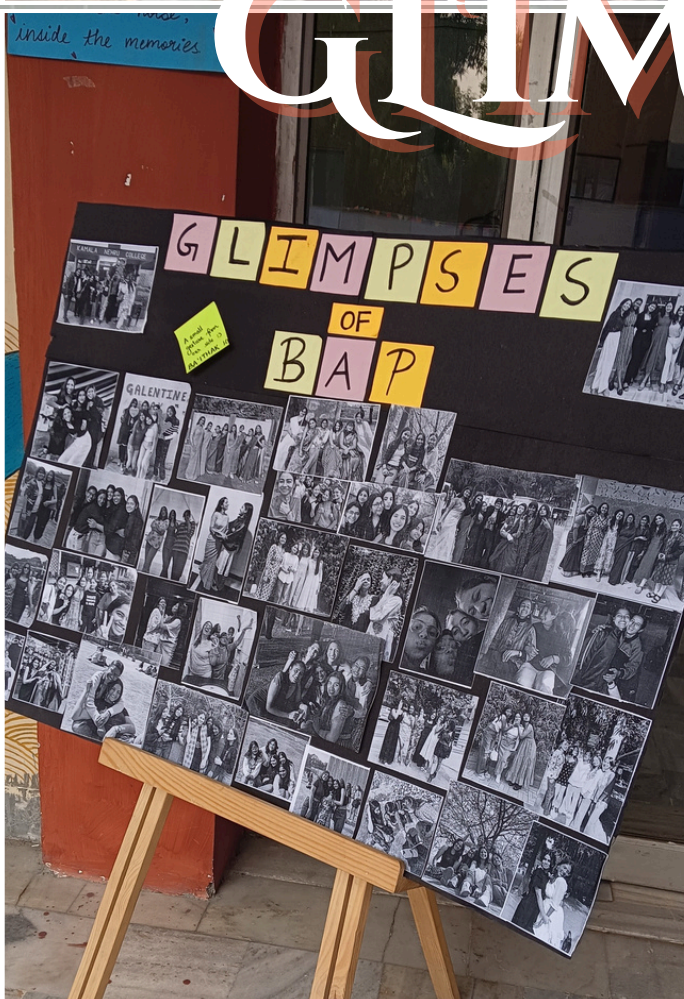
Cine Vimarsh- A movie analysis competition was organised where the participants analysed, expressed and even critiqued different aspects of popular movies through the lens of varied educational disciplines. The judges for the event were Ms. Gaganjot Kaur and Dr. Manoj, who gave all the participants constructive feedback after their presentations and assessed them fairly. Overall the competition was a success as both the participants and the audience gained insight into movies beyond the screen. The competitions came to a conclusion with the judges handing out the cash prizes and gift hampers to the winners while also addressing the students gathered to keep learning and exploring their hidden talents.

As a part of the BAithak, a special screening of the critically acclaimed Hindi film Dear Zindagi was also organised. The initiative aimed to spark dialogue around mental health, emotional well-being, and the everyday pressures faced by young adults. Through its sensitive storytelling and relatable themes, the film served as a reflective and cathartic experience for students and faculty alike.

BAithak was concluded by the President Ms. Nandini Dadhich delivering the vote of thanks to our speakers for their precious time and such wonderful sessions, our Principal and the Teacher Convenor, for their continued support and guidance. She thanked all the faculty members, the department council and the student volunteers who worked tirelessly behind the scenes to make the event successful.



GLIMPSSES



BAithak

GLIMPSES

1



2



3



4



1. Principal (Dr.) Pavitra Bhardwaj presenting the memento to Dr. Sanjeev Rai
2. The banner for BAithak made by students
3. Prof. Sanjeev Kumar presenting the lecture
4. The faculty representatives of the BA Programme with the guests

GLIMPSES



CORE TEAM(2024-25)

Nandini Dadhich (President)
Nondini Bhattacharya (Vice President)
Vartika Srivastava (Vice President)
Sanjoli Batra (Treasurer)
Vanchha Arora (Editorial Head)
Payal Srivastava (Co-Editorial Head)
Riddhima Singh (Co-Editorial Head)
Khushi Seth (Social Media Head)
Ira Tyagi (Social Media Head)
Tarushee Kumar(Public Relations Head)
Medha Trivedi (Co-Management Head)
Aarushi Tageja (Co-Management Head)
Mahira Joshi (Management Head)
Yashila Vikas Gupta (CR 1st year)
Devshree Agarwal (CR 2nd Year)
Saja Febin (CR 3rd Year)

PUBLIC RELATIONS

Manavi Prasad
Nandini Mishra
Sanchi Srivastava

SOCIAL MEDIA

Manasvi Predumna
Nargis Parbin
Aashka

EDITORIAL

Aarya Sharma
Anshu Kumari
Yashasvi Pandey

CORE TEAM



Nandini Dadhich
(President)



Nondini Bhattacharya
(Vice-President)



Vartika Srivastava
(Vice-President)



Sanjoli Batra
(Treasurer)

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(PR head)



Sanchi Srivastava
(member)



Nandini Mishra
(member)



Manavi Prasad
(member)

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Vanchha Arora
(Editorial head)



Riddhima Singh
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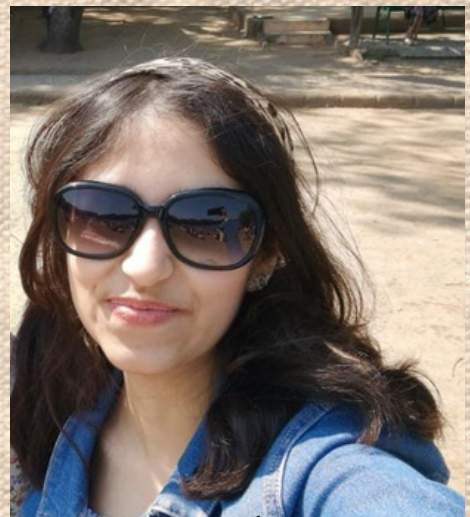
Payal Srivastava
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(member)



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Khushi Seth (Social Media head)



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(Management
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Aarushi Tageja
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head)



Medha Trivedi
(Co-Management
head)

AND CLASS REPRESENTATIVES



Yashila Vikas Gupta
(CR Ist year)

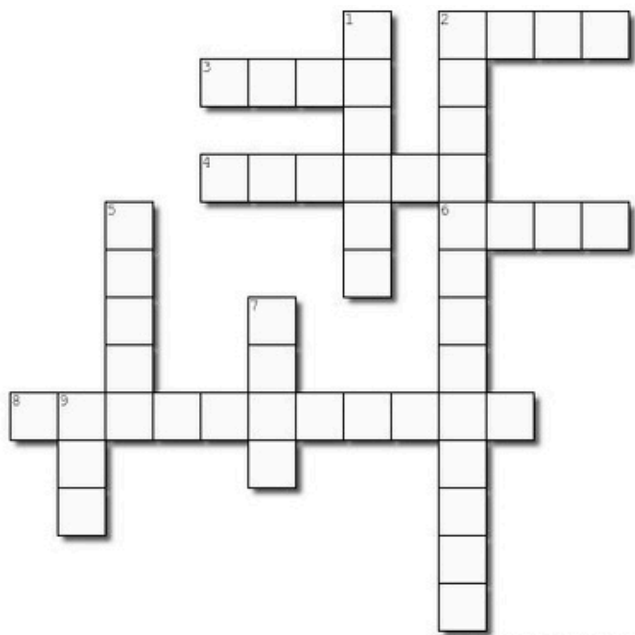


Devshree Agarwal
(CR IIInd year)



Saja Febin
(CR IIIrd year)

POP CULTURE CROSSWORD



Created using the Crossword Maker on TheTeachersCorner.net

Across

- 2. doing something really well or looking amazing
- 3. Socially aware and tuned into injustice
- 4. Its the solulu ;)
- 6. The invisible vibe or energy someone gives off
- 8. Keeping information or trends exclusive instead of sharing

Down

- 1. Very mindful, very
- 2. A romantic relationship that isnt officially defined
- 5. To disappear from someones messages without warning
- 7. To show off, sometimes without even trying.
- 9. Crushed it. Slayed so hard there were no crumbs left

CORE TEAM(2025-26)

Anushka Rao (President)
Pratibha Godara (Vice President)
Kanika Singh (Vice President)
Zunaira (Treasurer)
Saanvi Bhargava (CR- Sem I)
Aditi Suden (CR- Sem I)
Anukrati Jain (CR- Sem I)
Manisha (CR- Sem III)
Purnima Yadav (CR- Sem V)

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Samriddhi Panwar
Ambika Rajawat
Tsering Dolkar
Preranna Rai

SOCIAL MEDIA

Falak Naz
Anamika
Raunak Gupta
Khushi

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MEDIA TEAM 2025-26**